# WINTER BACKPACKING GEAR LIST
for mild temperatures on packed trails, below the treeline, no avalanche terrain, no bear food storage requirements - for more details about this list, see [https://backpakinglight.com/gear-list-winter-backpacking-snow-trails-2021](https://backpakinglight.com/gear-list-winter-backpacking-snow-trails-2021)

## FOOTWEAR & TRACTION
- ☐ waterproof trail running shoes
- ☐ waterproof socks
- ☐ heavy merino wool socks
- ☐ traction spikes
- ☐ calf-height gaiters
- ☐ trail running poles

## SLEEPING & SHELTER
- ☐ lightweight snow shovel
- ☐ tarp or pyramid tent
- ☐ nail stakes for frozen ground
- ☐ extra guylines
- ☐ bivy sack
- ☐ winter sleeping bag
- ☐ inflatable insulated pad
- ☐ closed cell foam pad
- ☐ pillow (optional)

## HIKING CLOTHING
- ☐ underwear
- ☐ long underwear bottoms
- ☐ softshell trekking pants
- ☐ hooded base layer top
- ☐ active insulation jacket
- ☐ fleece beanie hat
- ☐ fleece gloves
- ☐ sunglasses

## COOKING
- ☐ radiant burner stove
- ☐ heat exchanger pot
- ☐ canister fuel
- ☐ insulation base for fuel canister
- ☐ insulated drinking mug
- ☐ eating utensil
- ☐ stove lighting device
- ☐ insulated food cozy for rehydrating meals
- ☐ debris filter for snowmelt water

## STORM CLOTHING
- ☐ waterproof-breathable jacket
- ☐ water-resistant, insulated mittens
- ☐ neck gaiter
- ☐ snow goggles

## HYDRATION
- ☐ 2x 1L water bottles
- ☐ insulated water bottle cozy
- ☐ chemical water treatment kit

## IN-CAMP CLOTHING
- ☐ down or synthetic insulated pants
- ☐ down or synthetic insulated parka
- ☐ down or synthetic insulated booties
- ☐ extra socks

## NAVIGATION & ELECTRONICS
- ☐ map & compass
- ☐ smartphone/GPS
- ☐ headlamp
- ☐ extra batteries/power bank/charging cables

## PACKING
- ☐ backpack
- ☐ waterproof compression sack for sleep gear
- ☐ stow bag for cooking gear and daily lunch
- ☐ stow bag for food storage
- ☐ stow bag for shelter gear
- ☐ stow bag for insulating clothes
- ☐ stow bag for misc items

## OTHER GEAR
- ☐ personal items / toilet kit
- ☐ first aid, repair, and firestarting supplies