

base weight (a):		8.25 lb	Steve's 3-Season in Rocky Mountains				
worn / carried (b):		4.95 lb					
FSO, dry weight (a+b):		13.20 lb					
todo	weight distribution	item description	description	weight (oz)	qty	subcategory (oz)	total (oz)
	pack	wear	eat				
BACKPACK							22.50
x				backpack		Gossamer Gear Mariposa Plus (20.4 oz)	20.40
x				frame sheet		Gossamer Gear SitLight Sit Pad (1.3 oz)	1.30
x				frame stays	2	Gossamer Gear carbon fiber stays (.4 oz)	0.40
SHELTER							14.46
x				shelter		Gatewood Cape modified - AirCore Pro "Ursalite" line (11.75 oz)	11.75
x				stuff sack		Adventure Medical Kits stuff sack (.1 oz) - tent stakes and guylines	0.10
x				guylines	5	3 feet AirCore Pro Dyneema Guyline with Cam-Lock Tensioners (.1 oz)	0.10
x				guylines	2	12 feet AirCore PRO Dyneema Guyline with Cam-Lock Tensioners (.25 oz)	0.25
x				stakes	6	BPL Lazr Hi-Vis Titanium Tent Stakes (.22 oz)	0.22
x				stakes	1	BPL Lazr Hi-Vis Titanium Nail (.29 oz)	0.29
SLEEP SYSTEM							44.68
x				dry bag		24" x 36" Safeway Trash Compactor Bag with rubber band (2.5 oz)	2.50
x				sleeping bag		Western Mountaineering Ultralite Super (27 oz; 20°F)	27.00
x				ground sheet		40" x 96" Gossamer Gear Polycryo Ground Cloth (1.5 oz; M)	1.50
x				ground pad		Gossamer Gear NightLight 3/4" Pad (7.2 oz)	7.20
x				ground pad	1	Gossamer Gear 1/4" ThinLight Pad (3.5 oz) - add in May/Oct	3.50
x				bug protection	1	BPL Ultralight Headnet (.33 oz) - remove Oct	0.33
x				sleeping socks		Darn Tough 1/4 Cushion Boot Socks (2.45 oz; L)	2.45
x				noise control		Ear Plugs (.2 oz)	0.20
CLOTHING WORN							23.70
x				shirt		Patagonia Wool2 Zip Tee (6.25 oz; M)	6.3
x				shorts		Terramar Transport Micro-Mesh Brief II (2.5 oz; M)	2.5
x				pants		Montane Terra Pants (12.35 oz; L)	12.4
x				hat		BPL Ultralight Cap (1.6 oz) - see sleep system	1.6
x				bandana		Bandana (1 oz)	1.0
FOOTWEAR							29.45
x				shoes		New Balance 907 Shoes (26.8 oz; 10.5)	26.8
x				socks		Darn Tough Micro Crew Cushion socks (2.7 oz; L)	2.7
GEAR CARRIED							24.37
x				fire starter		FireLite Mini Firestarter (.5 oz) - around neck	0.50
x				light		Photon Freedom Microlight (.5oz; red beam with clip) - around neck	0.50
x				signal		ACR Emergency Whistle (.3oz) - around neck	0.30
x				compass		Suunto Clip-On Compass (.13 oz) - around neck	0.13
x				watch		Casio W71 digital watch (.79 oz)	0.8
x				glasses		Prescription Glasses (.70 oz)	0.7
x				sun glasses		Clip-on Sun Glasses (.35 oz)	0.4
x				trekking poles	2	Leki Super Malaka Trekking Poles (10.55 oz per pole)	10.6
CLOTHING CARRIED							24.20
x				stuff sack		GoLite Large Stuff Sack (1.1 oz)	1.10
x				dry bag		Turkey bag with rubber band (.5 oz)	0.50
Base (Layer #1)							
x				full leg bottom	1	Patagonia Capilene 1 bottoms (4.5 oz; M)	4.50
Wind (Layer #2)							
x				wind shirt		Outdoor Research ION (3.6 oz)	3.60
x				wind pants		Soft Shell Pants - see clothing worn	0.00
x				wind mitts	2	Bagel sacks to cover hands (.2 oz)	0.20
Insulation (Layer #3)							
x				insulated jacket		Patagonia MicroPuff Pull Over Jacket (11.7 oz; M)	11.70
x				insulated hat		Classic Buff = hat + neck gator (1.3 oz)	1.30
x				insulated gloves		Montbell Chameeche Gloves (1.1 oz; L)	1.10
Rain (Layer #4) - Gatewood Cape => OR Ion functions as rain jacket							
x				rain jacket	0	no longer used	5.25
x				rain pants	0	no longer used	4.00
x				rain mitts		Bagel sacks for hands; see wind layer	0.00
HYDRATION							3.86
x				container	2	BPL .35 oz dropper bottle (.18 oz) - for Aqua Mira drops	0.18

x	water treatment	Aqua Mira Drops (.25 oz; part A & B)	0.25	2	
x	water treatment	Aqua Mira mixing cup	0.10		
x	water bottle	2+ Liter Platypus (1.3 oz) - water treatment in camp / pillow	1.30		
x	water bottle	1 Liter Big K water bottle (1 oz) - water treatment on trail	1.00		
x	water bottle	1/2 Liter Arrowhead water bottle with pull top (.6 oz) - trail water	0.60		
COOKING					4.64
x	fire starter	Mini Bic Lighter (.4 oz)	0.40		
x	fuel bottle	REI 4 oz oval bottle (.6 oz)	0.60		
x	cook pot	Heineken Beer Can Pot with lid (1.25 oz)	1.25		
x	alcohol stove	Tealight Stove (.05 oz) + Z-Stand (.3 oz)	0.35		
x	wind screen	Wind screen (.55 oz)	0.55		
x	reflector	Reflector (.1 oz)	0.10		
x	freezer bag cozy	Reflectix Cozy for dehydrated meals (1 oz)	1.00		
x	spoon	FireLite SUL Long Handled Titanium Spoon (.39 oz)	0.39		
BEAR BAG					2.15
x	bear bag	Wild Oats plastic bag (.5 oz)	0.50		
x	rope	40 feet BPL AirCore Pro cord (1.2 oz)	1.20		
x	carabiner	Nite Ize S-Biner Size #2 (.25 oz)	0.25		
x	rock sack	Ankle stocking (.2 oz)	0.20		
NAVIGATION					2.28
x	dry bag	1 Gallon Zip lock bag (.3 oz)	0.30		
x	maps	Topo map (.16 oz)	0.16	1	
x	dry bag	5"x8" Zip lock bag (.2 oz)	0.20		
x	paper	Rite In The Rain sheet (.05 oz)	0.05	1	
x	pencil	Putt-Putt Golf Pencil (.1 oz)	0.10		
x	protractor	BPL UTM Overlay Grid (0.17 oz)	0.17		
x	compass	Suunto M-2D Locator Compass (1.3 oz)	1.30		
ESSENTIALS / MISCELLANEA					11.93
Essentials / Miscellanea Stuff Sacks					0.40
x	stuff sack	Cuben Fiber stuff sack (.25 oz; S)	0.25		
x	stuff sack	Mesh apple sack with rubber band (.15 oz)	0.15		
Emergency					1.07
x	signal	Mirror (.7 oz) - ticks / eyes / signal	0.70		
x	respiration heat loss	Dust mask (.1 oz)	0.05		
x	dry bag	Spice bag (.05 oz) - for firestarting fuel	0.05		
x	fire starter	Tinder Quik firestarting tabs (.01 oz)	0.01	5	
x	fire starter	MYOG - cotton ball + petroleum jelly + aluminum foil (.22 oz)	0.22	1	
First Aid: Blister Care					1.74
x	stuff sack	3"x5" Zip lock bag (.1 oz)	0.10		
x	storage	Film canister for holding tools + tape roller (.2 oz)	0.20		
x	wound tape	Leukotape P Tape (on film canister roller)	0.20		
x	sterilizer	Bic Mini Lighter (cute 2" high; .4 oz; sterilize tools)	0.40		
x	needle	Sewing Needle (in film canister)	0.01		
x	knife	Razor blade (.1 oz)	0.10		
x	tweezers	Tweezers (.33 oz) - full size	0.33		
x	storage	BPL .35 oz dropper bottle (.18 oz) - for Tincture of Benzoin	0.18		
x	tape adherent	Tincture of Benzoin (.22 oz) - antiseptic / blister care	0.22		
First Aid: Wound Care					0.45
x	stuff sack	5"x8" Zip lock bag (.2 oz)	0.20		
x	q tips	Q Tips (doesn't register)	0.00	4	
x	antibiotic	Triple Antibiotic Ointment Packets (.05 oz) - REI	0.05	3	
x	bear bag	Band-aids (.033 oz)	0.03	3	
x	gauze pad	Female Stay Free Pad (doesn't register) - large wounds	0.00		
x	hang nails	Emery Board (doesn't register)	0.00		
First Aid: Medications					1.10
x	stuff sack	5"x8" Zip lock bag (.2 oz)	0.20		
x	container	Film canister (.2 oz) - for narcotic	0.20		
x	narcotic	Oxycodone - narcotic (12 tablets; .1 oz)	0.10		
x	container	Film canister (.2 oz) - for pain relief	0.20		
x	sleep aid	Acetaminophen 500 MG - pain relief (12 tablets; .3 oz)	0.30		
x	container	Film canister (.2 oz) - for anti-diarrhea	0.20		
x	anti-diahreal	Imodium A-D - anti-diarrhea (6 tablets; .1 oz)	0.10		

		Medications: Personal		2.05
		Repair Kit		0.50
x	stuff sack	3"x5" ziplock bag (0.1 oz)	0.10	
x	heavy needle	Leather Sewing Needle (#11 or #12 Glover's Needle)	0.00	
x	heavy thread	Gütermann Heavy polyester thread M782 (.05 oz)	0.05	
x	safety pin	Large Safety Pins (.025 oz)	0.03	4
x	repair tape	Duct Tape (.2 oz) - on fuel bottle; see cooking system	0.20	
x	rubber band	Rubber band (.05 oz)	0.05	
		Toiletries		2.98
x	stuff sack	5"x8" Ziplock bag (.2oz)	0.20	
x	floss	Floss (.025 oz)	0.03	
x	tooth brush	Tooth Brush (.2 oz; hospital)	0.20	
x	container	Film canister for baking soda (.2 oz)	0.20	
x	tooth paste	1 tsp Baking Soda (tooth paste; .2 oz)	0.20	
x	container	BPL .35 oz dropper bottle (.18 oz) - for Dr. Bronner's Unscented Soap	0.18	
x	soap	Dr. Bronner's Unscented Soap (2 oz) - clean off Deet at night	0.22	
x	eye ointment	Eye Ointment (.2 oz)	0.20	
x	stuff sack	3"x5" Zip lock bag (.1 oz)	0.10	
x	toilet paper	4"x4" Blue shop towel (.05 oz each)	0.05	3
x	potty trowel	Montbell Handy Scoop (1.3 oz)	1.30	
		Identification		0.70
x	dry bag	Spice bag (.05 oz) - for COSAR card	0.05	
x	keys	Car keys (.6 oz)	0.60	
x	identification	COSAR Card (.05 oz)	0.05	
		Miscellanea		0.95
x	lip balm	Dermatone Stick (.4 oz)	0.40	
x	dry bag	Spice bag for deet (.05 oz) - remove Oct	0.05	1
x	container	BPL .35 oz dropper bottle (.18 oz) - remove Oct	0.18	1
x	deet	Deet (.3 oz) - remove Oct	0.32	1