

## \*GEAR LIST

### 1. LATE WINTER/EARLY SPRING, LATE FALL

#### In pack or on hip belt

- 0-07.5 Gossamer Gear® Murmur™ Hyperlight Backpack
- 0-12.6 \*\*Eck/Nomad tent w/four Titanium Goat CF Stakes in stuff sack
- 1-06.0 Mountain Hardwear® Phantom™ 32° two-season sleeping bag
- 0-13.0 Therm-a-Rest® ProLite 3™ short sleeping pad
- 0-04.1 GoLite® Ether Jacket
- 0-07.0 Wanderlust Gear Poncho
- 0-04.0 Mountain Hardwear® s/s Wicked T
- 0-00.8 Outdoor Products H2O Bottle Bag
- 0-00.5 Photon Freedom Micro Light w/cap-bill clip
- 0-08.7 Kitchen: Kmart® Grease Pot 0-02.5, BackpackingLight® - FireLite SUL Titanium Spoon 0-00.3 - FireLite Titanium Esbit Wing Stove 0-00.4 - 10 Esbit fuel tablets [\*\*\*10 meals] 0-05.0 - Spark-Lite Firestarting Kit 0-00.4 - wind screen and pot lid (aluminum foil) 0-00.1
- 0-03.4 1-Liter Mountain Dew bottle (2)
- 0-02.2 Honey and Bear fleece ditty bag/pillowcase w/First-Aid, meds, toiletries, etc.
- 0-11.8 Canon PowerShot SD 1000 Digital Elph Camera w/case, tripod 0-08.0, battery (2) 0-01.4, memory card (2) 0-00.4, 120V charger 0-02.0
- 0-07.7 PocketMail Composer w/two AA lithium batteries (6.7 + 2x.5=7.7)
- 0-03.3 Adaptor leads for Solio H1000 (for cell phone and Suunto Wristop)
- 0-03.8 Cell phone (AT&T Nokia)
- 0-04.1 Sony® M-17 Microcassette Recorder w/two AAA lithium batteries (3.5 + 2x.3=4.1)
- 0-03.0 Trip maps and data (average of 14 days - one day of maps and data are "worn")

#### 7-07.5 Total Pack and hip belt

#### Worn (other than in pack or on hip belt)

- 0-12.6 Leki® Ultralight Carbon Ergonomic Trekkers (Carbonlites)
- 1-09.4 New Balance® MT812AT cross trainers
- 0-02.9 Bridgedale® Endurance Trekker Midweight Socks
- 0-02.8 Outdoor Research® Flex-Tex Gaiters
- 0-09.0 Mountain Hardwear® Talus Pack Short
- 0-05.5 GoLite® Reed Pant
- 0-06.0 Mountain Hardwear® eXtend Featherweight Zip T
- 0-03.5 Western Mountaineering® Flash Vest
- 0-09.7 GoLite® Phantasm Jacket
- 0-03.0 Headsweats® Elmer Fleece Hat
- 0-01.9 Outdoor Research® M's PL 150 Gloves™
- 0-00.9 Etowah Gear/Outfitters Over Mittens
- 0-00.8 Rx glasses with Transitions® photochromic lenses
- 0-02.2 Suunto® X9i Wristop Computer w/GPS Navigation
- 0-04.6 Solio® H1000 Hybrid Charger™ (solar)
- 0-02.0 Wallet and contents
- 0-00.2 Maps and data in Ziploc
- 5-13.0 Total worn

#### 13-04.5 Total gear

### 2. LATE SPRING, SUMMER, EARLY FALL

#### In pack or on hip belt

- 0-07.5 Gossamer Gear® Murmur™ Hyperlight Backpack
- 0-12.6 \*\*Eck/Nomad tent w/four Titanium Goat CF Stakes in stuff sack
- 1-01.0 Mountain Hardwear® Phantom™ 45° summer sleeping bag
- 0-13.0 Therm-a-Rest ProLite 3™ short sleeping pad

0-04.1 GoLite® Ether Jacket  
0-07.0 Wanderlust Gear Poncho  
0-05.5 GoLite® Reed Pant  
0-06.0 Mountain Hardwear® eXtend Featherweight Zip T  
0-00.8 Outdoor Products H2O Bottle Bag  
0-00.5 Photon Freedom Micro Light w/cap-bill clip  
0-08.7 Kitchen: Kmart® Grease Pot 0-02.5, BackpackingLight® - FireLite SUL Titanium Spoon 0-00.3 -  
FireLite Titanium Esbit Wing Stove 0-00.4 - 10 Esbit fuel tablets [\*\*\*10 meals] 0-05.0 -  
Spark-Lite Firestarting Kit 0-00.4 - wind screen and pot lid (aluminum foil) 0-00.1  
0-03.4 1-Liter Mountain Dew bottle (2)  
0-02.2 Honey and Bear fleece ditty bag/pillowcase w/First-Aid, meds, toiletries, etc.  
0-08.9 Canon PowerShot SD 1000 Digital Elph Camera w/case, tripod, batt. (2), mem. card (2), charger  
0-07.7 PocketMail Composer w/two AA lithium batteries (6.7 + 2x.5=7.7)  
0-03.3 Adaptor leads for Solio H1000 (for cell phone and Suunto Wristop)  
0-03.8 Cell phone (AT&T Nokia)  
0-04.1 Sony® M-17 Microcassette Recorder w/two AAA lithium batteries (3.5 + 2x.3=4.1)  
0-03.0 Trip maps and data (average of 14 days - one day of maps and data are “worn”)

7-07.1 Total Pack and hip belt

Worn (other than in pack or on hip belt)

0-12.6 Leki® Ultralight Carbon Ergonomic Trekkers (Carbonlites)  
1-09.4 New Balance® MT812AT cross trainers  
0-02.3 Bridgedale® Ventum Light Hiker (fast and fresh) Socks  
0-02.8 Outdoor Research® Flex-Tex Gaiters  
0-09.0 Mountain Hardwear® Talus Pack Short  
0-04.0 Mountain Hardwear® s/s Wicked T  
0-02.3 North Country Trail Association Supplex Cap  
0-00.8 Rx glasses with Transitions® photochromic lenses  
0-02.2 Suunto® X9i Wristop Computer w/GPS Navigation  
0-04.6 Solio® H1000 Hybrid Charger™ (solar)  
0-02.0 Wallet and contents  
0-00.2 Maps and data in Ziploc

4-04.2 Total worn

11-11.3 Total gear

\*All items have been weighed to the nearest pounds, ounces, tenth-ounces (00-00.0) on certified postal scales. Please keep in mind that the total of these numbers represents “dry packweight” (food and water not included). Food and water can add considerable weight, and that added weight will vary according to water availability and the number of days between re-supply. Customarily, I carry no more than two liters of water (a tad under four pounds) at any given time, even across barren stretches, because I travel light and travel fast. My food bag (plastic shopping bag), on average, contains no more than two pounds/day. So, out of town and fully loaded for three days between re-supply, the average for this trek, my total packweight (water to the next source, plus food) would likely come in at or below 25 pounds. It should be noted that ultra-light backpacks are not designed to carry heavy loads, nor should one be trekking in lightweight cross-trainers when lugging heavy packs.

\*\*Cuben fiber *Nomad* tent constructed for *Nimblewill* by Christian *Cruisin'* Eckhardt, Berlin, Germany

\*\*\*Number of days between maildrops = 14 (average). Figuring four in-town meals and ten camp meals (again average).