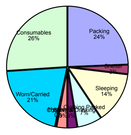
Erik The Black's Backpacking Gear Planner v2.0

To watch the video instructions on how to use this spreadsheet go here:
http://blackwoodspress.com/blog/2755/backpacking-gear-planner-2/

Weight Distribution



Cost Distribution

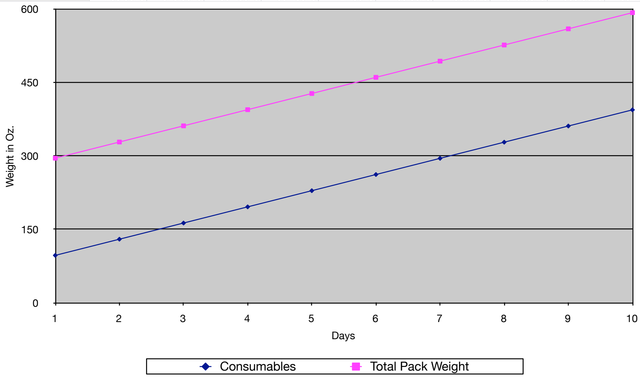
Base Weight: 12 lbs, 6.4 oz | Total Pack Weight: 18 lbs, 7.4 oz | Skin-out Weight: 23 lbs, 4.5 oz

Category	Item Description	Weight		Weight (hidden)	Price
Packing		**5 lbs, 10.7 oz**		**90.70**	**$0.00**
Backpack	Alps Mountaineering Zion	80	oz	80	
Pack Cover/Liner			oz	0	
Stuff Sack (Clothing)	Outdoor Products Red Bag	1.0	oz	1	
Stuff Sack (Sleeping Bag)	none		oz	0	
Stuff Sack (Food)	Gallon Ziplock Bag(s) (1 per day)	0.5	oz	0.5	
Stuff Sack (Smellables)	REI Flash 18 Summit Pack	9.2	oz	9.2	
Stuff Sack (Ditties)	Ziplock Bag(s) (Calculated In other weights)	N/A	oz	N/A	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Shelter		**0 lbs, 9.5 oz**		**9.50**	**$0.00**
Shelter	Poncho used as Raingear and Tarp		oz	0	
Ground Cloth	AMK Emergency Bivvy	3.8	oz	3.8	
Stakes	2 Steel 4 Aluminum	3.7	oz	3.7	
Guylines	1, 2 arm span length and 4, 1 arm span leng	2.0	oz	2	
Bug Tent			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Sleeping		**3 lbs, 3.3 oz**		**51.30**	**$0.00**
Sleeping Bag	North Face Cats Meow	42.9	oz	42.9	
Sleeping Pad	Thermarest Z-Lite cut to torso length	8.4	oz	8.4	
Sleeping Bag Liner			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Clothing Packed		**1 lbs, 8.9 oz**		**24.90**	**$0.00**
Thermal Top			oz	0	
Thermal Bottoms			oz	0	
Jacket/Vest	The North Face Fleece	7.3	oz	7.3	
Rain Jacket/Poncho	Equinox Coated Nylon Poncho	12.2	oz	12.2	
Wind Shirt			oz	0	
Spare Pants/Shorts			oz	0	
Shell Pants			oz	0	
Hiking Socks	1 Pair Smartwool Trekking Socks	3.4	oz	3.4	
Liners	1 Pair REI Silk One Liners	0.9	oz	0.9	
Warm Hat	Homemade Benie	1.1	oz	1.1	
Gloves			oz	0	
Camp Sandles	Homemade Pair	1.3	oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Cooking & Drinking		**0 lbs, 10 oz**		**9.96**	**$0.00**
Cooking Stove	Tea Light Stove	0.0625	oz	0.0625	
Fuel Bottle/Canister	Bottle for Alcohol	1.1	oz	1.1	
Cook Pot	Cheap Aluminum Pot	3.1	oz	3.1	
Pot Cozy			oz	0	
Mug			oz	0	
Spoon	Plastic Spoon from Mcdonalds (cut in half)	0.1	oz	0.1	
Ignition			oz	0	
Water Bottles			oz	0	
Water Bladder	Platypus Big Zip 2 Litre	5.6	oz	5.6	
Water Treatment			oz	0	
Pot Stand	Wire Mesh	0.2	oz	0	
Custom Item	Windscreen	0.1	oz	0	
Custom Item	1 Square Paper Towel	0.1	oz	0	
Survival		**0 lbs, 10.7 oz**		**10.70**	**$0.00**
Trail Maps/Guidebook			oz	0	
Compass	broken for now		oz	0	
Light	Petzl Tikka 2 Headlamp	2.8	oz	2.8	
First Aid Kit	Homemade Kit	2.1	oz	2.1	
Knife	Swiss Army Alox Knife	2.6	oz	2.6	
Fire Starter	Bic Lighter	0.7	oz	0.7	
Emergency Whistle	On Summit Pack	0	oz	0	
Suncreen	Neutrogena 85+ SPF	2.5	oz	2.5	
Bug Repellant			oz	0	
Rope/Cord			oz	0	
Signal Mirror			oz	0	
Emergency Blanket			oz	0	
Extra Batteries	3 AAA	1.3	oz	0	
Custom Item			oz	0	
Hygiene		**0 lbs, 1.3 oz**		**1.30**	**$0.00**
Toilet Paper	Wet Wipes (multi use)	N/A	oz	N/A	
Hand Sanitizer	Wet Wipes (1+ per day)	0.2	oz	0.2	
Toothbrush	Toothbrush with cut off handle	0.2	oz	0.2	
Toothpaste	Aquafresh Extreme Clean Mini Tube	0.9	oz	0.9	
Camp Towel			oz	0	
Soap			oz	0	
Blister Treatment	In First Aid Kit	0	oz	0	
Chafe Treatment			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Gadgets		**0 lbs, 0 oz**		**0.00**	**$0.00**
Cell Phone			oz	0	
Camera			oz	0	
GPS Receiver			oz	0	
Music Player			oz	0	
Spare Batteries			oz	0	
Battery Charger			oz	0	
Trail Journal			oz	0	
Pen/Pencil			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Worn/Carried		**4 lbs, 13.1 oz**		**77.10**	**$0.00**
Underwear			oz	0	
Shirt	REI Sahara Shirt	7.8	oz	7.8	
Shorts/Pants	Nike Race Day Shorts (Boxers Included)	5.5	oz	5.5	
Socks	Smartwool Trekking Socks	3.4	oz	3.4	
Shoes/Boots	Vasque Hiking Boots	46.2	oz	46.2	
Sunglasses	Hoven Light Pair	0.8	oz	0.8	
Sun Hat	L.L. Bean Waterproof Ball Cap	1.9	oz	1.9	
Trekking Poles	1 Swiss Gear Hiking Pole	11.5	oz	11.5	
Sock Liner	REI Silk One	0.9	oz	0	
Bandana	Average One	0.9	oz	0	
Custom Item			oz	0	
Other		**0 lbs, 0 oz**		**0.00**	**$0.00**
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Custom Item			oz	0	
Consumables		**6 lbs, 1 oz**		**97.00**	**$0.00**
Food	Aiming for 2 Lbs Per Day	32	oz	32	
Water	Max 2 Litres	64	oz	64	
Fuel	Denatured Alcohol (for 1 day)	1	oz	1	
Summary	**Wt (lbs, oz)**	**Wt (oz)**			**Price**
Packing	5 lbs, 10.7 oz	90.70	oz		$0.00
Shelter	0 lbs, 9.5 oz	9.50	oz		$0.00
Sleeping	3 lbs, 3.3 oz	51.30	oz		$0.00
Clothing Packed	1 lbs, 8.9 oz	24.90	oz		$0.00
Cooking & Drinking	0 lbs, 10 oz	9.96	oz		$0.00
Survival	0 lbs, 10.7 oz	10.70	oz		$0.00
Hygiene	0 lbs, 1.3 oz	1.30	oz		$0.00
Gadgets	0 lbs, 0 oz	0.00	oz		$0.00
Worn/Carried	4 lbs, 13.1 oz	77.10	oz		$0.00
Other	0 lbs, 0 oz	0.00	oz		$0.00
Consumables	6 lbs, 1 oz	97.00	oz		$0.00
Total:	**23 lbs, 4.5 oz**	**372.46**	**oz**		**$0.00**

Base Pack Weight: 12 lbs, 6.4 oz | Total Pack Weight: 18 lbs, 7.4 oz | Skin-out Weight: 23 lbs, 4.5 oz

"Base Pack Weight" is the weight of all your gear, excluding gear worn or carried, excluding consumables.

"Total Pack Weight" is the weight of all your gear, excluding gear worn or carried, including consumables.

"Skin-out Weight" is the weight of all your gear, including gear worn or carried, including consumables.

Days	1	2	3	4	5	6	7	8	9	10
Consumables	97	130	163	196	229	262	295	328	361	394
Total Pack Weight	295.3625	328.3625	361.3625	394.3625	427.3625	460.3625	493.3625	526.3625	559.3625	592.3625