

Sheet1

Item	Weight (ounces)	Weight (lbs)	* Optional/variable
Pack, Shelter, Sleep			
GG G4 Pack		16	
Pouches attached to pack		10	
Camera in bag attached to p		5	
Watch		2	
Golite 20 degree quilt		19	
Sea-to-summit pocket showe	4.25		
Blue + ½ z-rest pad	7.5		
Gossamer Gear One	16		
Stakes	13.7		
Polycro	1		
Kitchen			
Homemade V8 stove		0.5	
Windscreen		1	
MSR Titanium Kettle		4.2	
Lexan spoon	0.25		
Plastic "bowl"	0.1		
Wood matches		0.5	
Hydration			
2 platypus 1 liter containers		0.16	
Drinking hose		4	
Gatorade or similar bottle		1	
Aquamira		3	
Hygiene & Misc			
Toothbrush + paste		2	
Sunblock		1	
Head net		0.25	
Floss + needle		0.25	
First Aid		6	
Headlamp		2	
Extra camera battery		1	
Reading glasses		0.5	
* Permits, guide books and jc		16	
Pennywhistle		1.25	
Plastic bags		2	
Clothing & Insulation			
		12.2	
* Patagonia Down Sweater		0	
Patagonia Houdini		4	
Rain chaps		3.2	
* Umbrella		10	
Fleece gloves		1.5	
Fleece hat		1.5	
Bandana		1	
Extra socks		2	
Fleece sleeves		1.5	
TOTAL	178.31	11.14	