

UL 5 Day Winter Gear List (0 degree)

		base weight (lbs)	wear / carry (lbs)	consumables (lbs)	total pack weight (lbs)
Item	Description / Notes / Summary:	10.63	6.41	10.06	20.69

PACK / SHELTER / SLEEPING

backpack	MYOG cuben/dyneema	14.00
liner/dry bag	MYOG cuben cover	0.50
ground sheet	MYOG (0.5 oz/sqyd cuben 50" x 8')	2.00
shelter	MLD Cuben Solomid (0.5 oz/sqyd cuben)	8.60
shelter	TiGoat c/f pole extenders	1.40
stakes	6 Suluk46 Ti snow stakes	3.00
stake bag	MYOG stake bag	0.10
sleeping bag	MYOG 10 degree quilt	22.70
sleeping pad	Therm-a-rest Xtherm L	19.00
pillow	Exped UL	2.00
sitpad	GG sitpad	1.70
insulation	GG sitpad	1.70

COOKING / WATER

stove	MSR Whisperlite	6.70
windscreen	MYOG Ti	1.50
mug/bowl/pot/lid	Evernew Ti 1 liter w/ lid	4.10
lighter	Bic mini lighter	0.40
utensils	plastic spoon	0.40
water treatment	mini dropper bottles & mix bottle for Aqua Mira	0.30
water storage	Platypus plusBottle 1 liter	0.80
water storage	plastic 1 liter bottle	0.80
food storage	Aloksack	1.00

CLOTHING WORN & MISC CARRIED

shirt	lbex wool s/s	5.00
shorts	Running shorts	6.00
shoes	Montrail Sabino trail runners (size 12)	27.00
insoles	Toasty Feet	2.60
socks	Smartwool	2.40
GTX socks	Rocky Gortex Socks	2.80
gators	MLD Event long gaiters	2.50
trekking poles	GG LTC3's	5.40
snow baskets	Leki snowbaskets	1.40
watch/alti/baro/temp	Casio	1.60
sunglasses	RayBan on mini cord	0.80
traction	Northern Lites Backcountry	45.00

CLOTHING IN PACK

insulating layer / top	Silk sleeves	1.00
insulating layer / bottom	Silk long john bottoms	3.30
mid layer / puffy jacket	Montbell Mirage (size L)	14.00
rain/snow gear / top	DriDucks L	5.00
rain/snow gear / bottoms	Montbell Rain Trekker	9.80
warm gloves	Smartwool glove liners	1.00
warm gloves	Blackrock Down Mitts	2.00
rain gear / gloves	MYOG w/b cuben	0.80
balaclava / warm hat	Smartwool balaclava	1.70
warm hat	Blackrock Nobul down beanie	0.70
headband	Smartwool	1.00
sleep socks	MYOG down socks	2.40
sleep sock shells	Goosefeet shells	1.80
extra socks	Smartwool	2.40
extra sleep socks	silk liners	0.80
dry bag	MYOG cuben dry bag (gloves,puffy,socks,hats)	0.50

MISCELLANEOUS ITEMS IN PACK

compass	Sun Minicomp II compass	0.20
map/permits	maps & permit	0.50
first aid	bandages, moleskin, antibiotic, alcohol prep	1.00
repair	pad repair kit, duct tape, needle, thread, storm matches	0.80
whistle	Hikelite.com whistle	0.10
knife	Gerber LST ul knife	0.57
hygiene	Hand sanitizer (in 1/4 oz bottler)	0.50
sun protection	SPF 50 (in 1/4 oz bottle)	0.50
toothbrush/paste	disposeable (x8)	0.80
medications	multivitamins, misc meds	0.50
eye wear	contact lens case & solution	0.75
flashlight	ZebraLight H52F	2.40
snow shovel	Snow Claw	6.20
camera	Canon S95	4.90
PLB	Spot II	4.10
GPS	Garmin Etrex 20 (w/ 2 AA batteries)	4.40
car key / id / insurance card	car key, id, health insurance card	0.50
misc item storage bag	MYOG cuben ditty bags (x2)	0.40

CONSUMABLES

food	24 oz per day @ 4 1/3 days	104.00
fuel	100 g isobutane canister (x3)	24.00
water	1 liter average carried	32.00
toilet paper	0.2 oz per day / shop towels	1.00

SUMMARY

1) BASE WEIGHT:	10.63 lbs
2) WEAR / CARRY:	6.41 lbs
3) CONSUMABLES:	10.06 lbs
4) TOTAL PACK WEIGHT (1 + 3) :	20.69 lbs
5) FULL SKIN OUT WEIGHT (1 + 2 + 3):	27.10 lbs

